

Information for persons arriving in Sweden

This paper provides an overview of useful and important online resources. All homepages offer **information in English** and many of them also offer information in **other languages**. It will be useful when contacting various national authorities and organisations.



The Swedish Tax Agency (Skatteverket)

To register in Sweden and obtain a Swedish personal identity number.
www.skatteverket.se



The Swedish Social Insurance Agency (Försäkringskassan)

To register in the social insurance system.
www.forsakringskassan.se



The Swedish Public Employment Service (Arbetsförmedlingen)

To look for a job you can register with the Swedish Public Employment Service.
www.arbetsformedlingen.se



The Swedish Pension Agency (Pensionsmyndigheten)

For information about income support for the elderly and for those who come to Sweden late in life and have a low or no pension.
www.pensionsmyndigheten.se



The Swedish Transportation Agency (Transportstyrelsen)

For questions concerning driving licenses and other related issues.
www.transportstyrelsen.se

Important phone numbers in Sweden

Make sure you and your relatives keep track of the following important phone numbers:

- 112** For emergencies, available every day, at any time. With 112, you reach the emergency switchboard, which either handles the call itself or connects you to the police, ambulance, rescue service or any other specific agency.
- 1177** For medical advice, available every day, at any time. Call 1177 if you are unsure if you should contact a doctor or 112 (the emergency number). To find out more about the system and health related issues: www.1177.se.
- 11414** For the police in non-emergency situations, available every day, at any time.
- 020 50 50 50** For Sweden's National Women's Helpline (Kvinnofridslinjen), a national helpline for those who have been or are being subjected to physical, psychological and sexual violence as well for friends and relatives of those affected. The helpline is available every day at any time and you can call regardless of where in Sweden you live. The call is anonymous, free of charge and will not be visible on the phone bill. You can also ask for a translator. Women and men have equal rights in Sweden.

Learn Swedish and study in Sweden

For questions about **learning the Swedish language** and taking part in the Swedish for Immigrants courses (SFI), contact the municipality where you live.



“Informationsverige.se”

For links to several programmes for learning Swedish on your own for free. Information about the Swedish society can be found in a number of languages here.

www.informationsverige.se



“Studera.nu”

For information about studying at colleges or universities in Sweden.

www.studera.nu



University admissions (Antagning)

For further information about studying at colleges or universities in Sweden.

www.universityadmissions.se



The Swedish Board of Student Finance (Centrala Studiestödsnämnden, CSN)

For questions about student loans and grants. If you have come to Sweden as a refugee, you may be able to apply for a loan to equip your home.

www.csn.se



The Swedish National Agency for Education (Skolverket)

For information about the Swedish education system.

www.utbildningsguiden.skolverket.se

Find out more about Sweden

For help regarding **accommodation** turn to your local municipality (kommun). The municipality is also responsible for **childcare and schooling for children**. For questions about **health care**, contact the region where you live. The websites below provide more information useful for getting to know Sweden.



For simple and interesting films about how Sweden works.

www.youtube.com/c/HejhejSverige



For more information on the Swedish society.

www.sweden.se



For questions about the right to vote and information on the elections process.

www.val.se



For answers to questions regarding purchase of goods and services and contract terms and conditions.

www.hallakonsument.se